

## Special Issue

# Unconventional Ingredients for Innovative Cereal-Based Products

### Message from the Guest Editors

Cereal-based products are the main staple foods of many areas of the world. In recent years, consumers have become increasingly health- and wellness-conscious and now expect to find a large selection of high-quality food products on the market. This constantly evolving way of perceiving food has led to a growing demand for functional products, which are becoming highly appreciated especially for their high nutraceutical content and their direct contribution in preventing nutrition-related diseases. Therefore, the enrichment of cereal-based products with unconventional natural ingredients able to improve their technological, nutritional, and health-related beneficial properties is a growing practice. Moreover, the reuse of food byproducts as potential functional ingredients could represent another interesting strategy to be applied. This Special Issue aims to explore the use of unconventional natural ingredients to improve the nutritional and rheological properties of cereal-based products.

### Guest Editors

Dr. Costantino Fadda

Department of Agronomy, University of Sassari, Via De Nicola, 07100 Sassari, Italy

Prof. Dr. Alessandra Del Caro

Department of Agriculture, University of Sassari, Sassari, Italy

### Deadline for manuscript submissions

closed (31 January 2022)



## Foods

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.1  
CiteScore 8.7  
Indexed in PubMed



[mdpi.com/si/66704](https://mdpi.com/si/66704)

*Foods*

Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[foods@mdpi.com](mailto:foods@mdpi.com)

[mdpi.com/journal/  
foods](https://mdpi.com/journal/foods)





# Foods

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.1  
CiteScore 8.7  
Indexed in PubMed



[mdpi.com/journal/  
foods](https://mdpi.com/journal/foods)



## About the Journal

### Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

---

### Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science, Purdue University, West Lafayette, IN 47907, USA

2. Department of Comparative Pathobiology, Purdue University, West Lafayette, IN 47907, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, FSTA, AGRIS, PubAg, and other databases.

#### Journal Rank:

JCR - Q1 (Food Science and Technology) / CiteScore - Q1 (Health Professions (miscellaneous))

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).