

Special Issue

Advance in Biological Activities of Functional Food

Message from the Guest Editors

The search to disclose the biological effects of the several functional foods consumed in human diet as well as that of its constituents, different from the nutritional components, have been the target of countless studies. To accept these foods as functional, their health beneficial claims must be demonstrated, mainly through in vivo studies and with the use of cutting-edge technologies. It is hoped that these studies can pave the way to understand functional foods' claims in order to regulate their human consumption, and the findings may support the development of new functional foods.

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Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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