

Special Issue

Antimicrobial and Antioxidant Natural Compounds in Foods

Message from the Guest Editor

The use of herbs for nourishment and cure arises from the beginning of human life on Earth. The development of extraction techniques in the 18th and 19th centuries with the aim of discovering bioactive compounds in plant matrices led to the previous strategy of the use of the whole phytocomplex becoming obsolete. However, in the last thirty years, we have witnessed a progressive reevaluation and rediscovery of natural compounds both as phytotherapeutics and as healthy foods. In fact, the analysis of the metabolic compositions of different edible medicinal plants and the study of their biological properties are continuously generating new information about these plants' antioxidant and antimicrobial properties. This Special Issue of *Foods* aims to collect original contributions on a wide variety of edible medicinal species, both cultivated and growing in the wild, the characterization of which is still incomplete.

Guest Editor

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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