

Special Issue

Probiotics, Prebiotics, Synbiotics, Postbiotics and Paraprobiotics—New Perspective for Functional Foods and Nutraceuticals—Volume II

Message from the Guest Editors

Volume I of this Special Issue was incredibly successful. We would like to express our gratitude to everyone for their participation and support of numerous high-profile scientists. An increasing number of studies have revealed the beneficial roles of probiotics and related prebiotics, synbiotics, postbiotics, and paraprobiotics in the regulation of gut microbiota and host health. However, many aspects of these probiotic-related factors still remain to be fully elucidated, such as the detailed molecular mechanisms and key active ingredients in the health regulation functions, the effects on the absorption and metabolism of drug and food substances, their roles in the preparation of many fermented foods, the different tolerances to temperature, pH, and other environmental factors, improvement strategies, etc. The Special Issue is focus on the health effects, mechanisms, and product development of probiotics, prebiotics, synbiotics, postbiotics, paraprobiotics, and other related factors.

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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