

Special Issue

Exploring of Food-Derived Bioactive Peptides: Mechanism and Impact on Health

Message from the Guest Editors

Amidst growing global demand for sustainable and nutrient-dense foods, proteins and bioactive peptides show promising solutions for advancing human health and sustainable food systems. We invite the submission of original research and review articles that focus on bioactive peptides derived from animal, plant, and microorganism. Submissions addressing the complete research pipeline are highly encouraged, encompassing novel preparation methods and characterization of peptides, structure–activity relationships and mechanistic insights into bioactivity, evaluations of health benefits, including the prevention and management of diseases. We also welcome contributions on the application of these peptides as functional ingredients for developing foods that promote health and wellness. We anticipate your valuable insights and look forward to collaborating to advance this critical field.

Guest Editors

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Deadline for manuscript submissions

closed (20 March 2026)



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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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