

## Special Issue

# Innovative Advances in Food Colloids: Novel Bio-Colloids and Smart Delivery Systems

### Message from the Guest Editor

This Special Issue aims to explore the innovative aspects of multimolecular structures, their interactions, and the development of advanced delivery systems.

Meanwhile, in order to differentiate traditional hydrocolloids for food applications, this Special Issue focuses more in-depth on and delves into the development and application of novel bio-colloids, smart delivery systems, advanced characterization techniques, and colloid interactions with bioactive compounds. This Special Issue invites original research articles, reviews, and short communications that cover, but are not limited to, the following topics:

Novel and emerging techniques in the characterization of food colloids

Novel bio-colloids for functional foods

Smart food colloids for targeted delivery

The role of food colloids in nutrition and health

Environmental sustainability

Authors are encouraged to submit manuscripts that provide new insights and contribute to the understanding of novel bio-colloids and smart delivery systems. All submissions will undergo a peer-review process to ensure the highest quality of published work.

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### Guest Editor

Dr. Ali Rashidinejad

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### Deadline for manuscript submissions

31 January 2026



## Foods

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## About the Journal

### Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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### Editor-in-Chief

Prof. Dr. Arun K. Bhunia

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#### Journal Rank:

JCR - Q1 (Food Science and Technology) / CiteScore - Q1 (Health Professions (miscellaneous))

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).