

## Special Issue

# Intervention Effect of Natural Food Products on Chronic Diseases - Volume II

### Message from the Guest Editors

Chronic diseases such as obesity, diabetes, and cardiovascular disease have threatened human health for a long time and remain daunting challenges. As consumer demand for preventing chronic diseases increases, natural food products are drawing special attention in global markets. With the growing interest in food intervention, research has been widely concerned with applying natural food products such as polyphenols, polysaccharides, peptides, and probiotics in chronic disease prevention, as well as investigating their mechanisms, and this will attract much more attention in the future. Therefore, this Special Issue aims to present a collection of studies focused on the current advances in the 'Intervention Effect of Natural Food Products on Chronic Diseases'. We kindly invite you to submit original review/research articles with novel ideas/concepts related to this topic. Research addressing compositional aspects, in vitro and in vivo investigations, and efficacy evaluation in intervention studies is particularly welcomed.

---

### Guest Editors

Dr. Tao Wu

College of Food Science and Engineering, Tianjin University of Science & Technology, Tianjin, China

Prof. Dr. Qiang Chu

Tea Research Institute, College of Agriculture & Biotechnology, Zhejiang University, Hangzhou, China

---

### Deadline for manuscript submissions

closed (10 September 2024)



## Foods

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.1  
CiteScore 8.7  
Indexed in PubMed



[mdpi.com/si/153165](https://mdpi.com/si/153165)

*Foods*

Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[foods@mdpi.com](mailto:foods@mdpi.com)

[mdpi.com/journal/  
foods](https://mdpi.com/journal/foods)





# Foods

---

an Open Access Journal  
by MDPI

---

Impact Factor 5.1  
CiteScore 8.7  
Indexed in PubMed



[mdpi.com/journal/  
foods](https://mdpi.com/journal/foods)



## About the Journal

### Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

---

### Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science, Purdue University, West Lafayette, IN 47907, USA
2. Department of Comparative Pathobiology, Purdue University, West Lafayette, IN 47907, USA

---

### Author Benefits

#### High Visibility:

indexed within Scopus, SCIE (Web of Science), PubMed, PMC, FSTA, AGRIS, PubAg, and other databases.

#### Journal Rank:

JCR - Q1 (Food Science and Technology) / CiteScore - Q1 (Health Professions (miscellaneous))

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 15 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the second half of 2025).