

Special Issue

Formulation and Development of Natural Health Products: Promoting Sustainable Change

Message from the Guest Editors

Innovating natural health products for foods demands integrating sustainable, eco-friendly methods with cutting-edge science. This Special Issue invites research on formulating safe, nutrient-rich ingredients that enhance food safety, appeal, and transparency. **Key**

Focus:

- **Safe & Green Ingredients:** Natural bioactives ensuring consumer/environmental safety.
- **Advanced Extraction:** Sustainable techniques (SFE, PLE, UAE) for bioactive isolation.
- **Clinical & Toxicological Validation:** Trials proving efficacy/safety aligned with regulations.

This Special Issue seeks to bridge traditional knowledge with modern science, emphasizing the importance of transparency and sustainability in the food industry. We encourage submissions that demonstrate innovative approaches and robust data, contributing to a future where natural health products drive positive change for a "healthier planet and population". Join us in this endeavor to promote sustainable change through the development of natural health products. Submit your research and be part of this exciting journey.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).