

Special Issue

Plant-Based Alternatives: A Perspective for Future Food

Message from the Guest Editors

This Special Issue in *Foods* is focused on “Plant-Based Alternatives: A Perspective for Future Food”. Plant-based alternatives have proven to be viable and versatile substitutes for traditional meat products, as well as for other types of food such as dairy products. Plant-based alternatives offer numerous benefits, alongside the capacity to precisely replicate the flavor, texture, and nutritional value of traditional foods, making them more acceptable to a wider audience as technology and food science have advanced. They also promote better animal welfare and potentially improve overall health. Increased environmental and ethical concerns about consumption have intensified the demand for sustainable food alternatives. As the market for plant-based alternatives expands, continued research and development become essential in enhancing their flavor, nutritional profile, and acceptability. Therefore, this Special Issue encourages research results and/or quality reviews on new challenges as well as technological and nutritional approaches related to food alternatives, plant-based food, and their acceptability to and impact on consumers.

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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