

Special Issue

Functional Foods and Nutraceuticals in the Prevention of Noncommunicable Chronic Diseases

Message from the Guest Editors

Noncommunicable chronic diseases, such as cardiovascular diseases, cancer, diabetes, chronic respiratory diseases, and non-alcoholic fatty liver disease (NAFLD), represent a significant global health challenge, accounting for a substantial proportion of morbidity, mortality, and healthcare costs. Functional foods and nutraceuticals are rich sources of bioactive compounds, including flavonoids, carotenoids, polyphenols, phytosterols, and probiotics, that offer a number of health-promoting effects, including anti-inflammatory, antioxidant, and lipid-lowering effects, as well as other metabolic benefits. Moreover, these naturally derived products are generally regarded as safe, leading to growing interest in their use as alternatives or adjuncts in the management and prevention of noncommunicable chronic diseases. Within this broad context, we invite contributions (original research, mini-reviews, systematic reviews and meta-analyses, clinical trial reports, case studies, methods, and opinions) that explore the role of functional foods and nutraceuticals in the prevention and management of noncommunicable chronic diseases. We look forward to receiving your submissions.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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