

## Special Issue

# Technological Strategies to Obtain Gluten-Free Foods with High Nutritional Value and Sensory Comparability to Gluten-Containing Products

### Message from the Guest Editor

Interest in gluten-free foods is growing along with the gluten-free market. The reasons for this global trend reflect the increase in the incidence of gluten-related diseases and intolerances, as well as psychosocial factors that affect the adherence of tolerant consumers to gluten-free diets, due to the public perception that the gluten-free diet is a healthy option. The removal of gluten reduces the nutritional value and changes the sensory characteristics of foods, so consumer expectations have driven the food industry to improve formulations and manufacturing techniques. Health professionals are working to improve the nutritional value of these products. However, the quality of gluten-free alternatives is often still inferior to gluten-containing products. It is therefore of considerable importance to identify and implement effective, innovative strategies to enhance the quality of gluten-free products, thereby optimizing their health benefits while minimizing their production costs.

### Guest Editor

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### Deadline for manuscript submissions

closed (14 July 2025)



## Foods

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### Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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