

Special Issue

Food Additives and Human Health: Valuable Source, Safety and Regulatory Mechanism

Message from the Guest Editors

Food additives are increasingly becoming present in all food preparations we consume. The use of additives brings pertinent socioeconomic advantages, helping to improve the stability and organoleptic properties of foods and increasing the shelf life of preparations, thus contributing to reducing food waste. These substances are authorized by states but are continuously re-evaluated by the various competent entities to control their use and ensure consumer safety. Relevant questions that arise from the addition of an additive to food preparations include the following: Does the presence of additives lead to undesirable chemical modifications of foods? What is the degree of chronic toxicity of these additives? How do we evaluate their safety with regard to cumulative consumption? What is the importance of consumer sovereignty regarding additives? These cover a wide range of scientific fields. This Special Issue calls for research and review papers that address the issues that relate food additives to human health, considering both the potential benefits and risks of these substances.

Guest Editors

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Deadline for manuscript submissions

closed (25 June 2025)



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About the Journal

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

Editor-in-Chief

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