

## Special Issue

# Research on Phytochemicals from Natural Products: Sources, Production, and Health Benefits

### Message from the Guest Editor

This Special Issue aims to highlight the latest research on phytochemicals, including their sources, production, and health benefits. We welcome original research articles and review papers focusing on the characterization, quantification, and biological activity of phytochemicals. Furthermore, the articles discuss the relationship between the structure of phytochemicals and their bioactivity, which is essential for understanding their mechanisms of action. We also encourage contributions focused on the processing and applications of phytochemicals in foods, such as the use of modern technologies to increase the yield and quality of these compounds. The goal of this Special Issue is to provide a platform for researchers to share their knowledge and innovative research on phytochemicals. It will promote the utilization of natural sources of phytochemicals for various industries, and encourage further research on their potential health benefits. We look forward to receiving your submissions.

### Guest Editor

Prof. Dr. Yan Zhang

College of Horticulture and Landscape Architecture, Northeast Agricultural University, Harbin 150030, China

### Deadline for manuscript submissions

closed (30 December 2023)



## Foods

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*Foods*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
foods@mdpi.com

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## About the Journal

### Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

### Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science, Purdue University, West Lafayette, IN 47907, USA
2. Department of Comparative Pathobiology, Purdue University, West Lafayette, IN 47907, USA

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 14.9 days after submission; acceptance to publication is undertaken in 2.6 days (median values for papers published in this journal in the first half of 2025).