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Determinants of Preference and Consumption of Healthy Food in Children

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Deadline for manuscript submissions:

closed (31 August 2021)

Message from the Guest Editor

Food preference is an important driver of food consumption, especially in children for whom the hedonic component is one of the key factors in determining healthy food choice. Establishing healthy dietary behaviors from an early age is crucial, as food preferences acquired during childhood persist into adulthood. A better understanding of children's food preferences and their determinants may contribute in designing strategies to reduce obesity and malnutrition as well as developing healthy and sustainable food that they like and which meets their expectations.

We encourage the manuscripts related to the factors that affect children's food perception, preference and choice, including genetics, or sensory responsiveness, personality traits, environment, as well as oral microbiome. Manuscripts focusing on innovations in sensory and consumer science methodologies and approaches tailored to children are welcomed, and studies addressing crosscultural differences in food perception and preference.

We believe this Special Issue will contribute to deepening and expanding knowledge about food perception mechanisms and the dynamics of preference in children.













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Editor-in-Chief

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Message from the Editor-in-Chief

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