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## Functional Foods: Herbs, Seeds, Nuts, Dried Fruits, Virgin Olive Oils and Other Vegetable Oils

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Deadline for manuscript  
submissions:

**closed (30 April 2022)**

### Message from the Guest Editors

This Special Issue aims to achieve new insight into the whole food functionality, deepen the scientific knowledge of functional food's health claims and ultimately boost new ways of using them in healthier and happier eating habits.

Herbs, seeds, nuts, dried fruits, virgin olive oils, and other vegetable oils are traditionally part of many people's daily diet due to their high nutritional and energetic values. Intake of these foods is even more relevant nowadays due to the increased incidence of chronic non-communicable diseases, the increase in global awareness for a healthy diet and lifestyle, and the consolidated knowledge about the health benefits of eating plant-based foods.

We kindly invite you to contribute either with cutting-edge original research papers or state-of-the-art reviews on the health benefits and nutritional impact of the topic in which the issue is named “**Functional Foods: Herbs, Seeds, Nuts, Dried Fruits, Virgin Olive Oils and Other Vegetable Oils**” on the human diet within different dietary patterns. Manuscripts dealing with these foodstuff's chemical composition, biological activity and functionality are very welcome.



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# Special Issue



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## Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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