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Dietary Polysaccharides

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Message from the Guest Editors

Dear Colleagues,

Polysaccharides from plants have been utilised by the food industry for many years as gums and stabilising agents. More recently, researchers have been interested in the use of polysaccharides to mediate carbohydrate digestion and thus manipulate the nutritional quality of foods. This is especially the case in the context of polysaccharides affecting postprandial blood glucose levels, obesity, diabetes, and even neuro-degenerative diseases. This Special Issue explores the link between polysaccharide use in foods and their impact, not only in food product quality, but also directly with nutrient uptake, bioavailability, and potential nutraceutical applications.

Prof. Charles Brennan

Dr. Margaret Brennan

Guest Editors



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Special Issue



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Message from the Editor-in-Chief

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