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Functional Food Used for Regulating Inflammation and Metabolism in Chronic Diseases

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Deadline for manuscript submissions:

26 July 2024

Message from the Guest Editors

Contemporary research underscores the critical role of functional foods in modulating inflammation and metabolism, which are pivotal factors in chronic disease management. This Special Issue of *Foods* seeks original research and comprehensive reviews that illuminate the impact of functional foods on health outcomes, with a specific focus on mechanisms such as inflammation regulation, metabolic pathways, and their collective influence on chronic diseases. We welcome contributions that elucidate the nuanced connections between functional foods and health, spanning diverse perspectives from molecular and cellular levels to broader clinical implications. We extend a cordial invitation for you to share your expertise and contribute to this Special Issue, fostering a collective understanding of how functional foods can play a pivotal role in regulating inflammation and metabolism for chronic disease management.



mdpi.com/si/194922

Special Issue



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Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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