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Novel Strategies for the Development of Healthier Meat and Meat Products and Determination of Their Quality Characteristics

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Message from the Guest Editors

Meat and meat products are an important group of nutritionally rich foods which are very popular and widely accepted. However, their consumption can have some negative consequences on health due to some of their components, such as lipids, salt, and additives, among others. Today, there are new trends and innovations in the design of healthy food, particularly meat products with specific characteristics. Recent advances have been reported in the design and development of new strategies for the production of healthy meat products, based mainly on the removal of unhealthy components and their replacement with a healthy alternative. Reformulation strategies are the most common procedures used in designing new healthy meat products because they represent the fastest way to modify the composition of the final product. These procedures are an option to improve the image of meat and meat products, meet the needs of consumers, and influence and improve bodily functions while still meeting basic nutritional needs. Our aim here is to gather all the new information in this field and include it in this Special Issue.



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Special Issue



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Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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