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Motivations Associated with Food Choices and Eating Practices

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Message from the Guest Editor

The main factors that lead people to eat are basic needs like hunger and satiety. However, what people choose to eat is not determined exclusively by physiological or nutritional needs. In fact, in addition to the main factors that prompt eating, one can find a wide variety of other factors affecting food choices.

The human behaviors regarding foods are linked to a number of factors either of sociological or psychological nature. Hence, the aim of this Special Issue is to gather studies and research works about the possible different types of motivations that determine people's eating patterns, either in relation to their food choices or eating habits. This Special Issue is focused on topics including but not limited to health motivations, economic factors, emotional aspects, cultural influences, marketing and commercials or environmental concerns.



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Special Issue



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Message from the Editor-in-Chief

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