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## The Health Benefits of the Bioactive Compounds in Foods

Guest Editors:

### Message from the Guest Editors

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Deadline for manuscript  
submissions:

**closed (30 August 2020)**

Development of new foods or nutraceuticals with health benefits is a current topic today. However, this launch of new products should be endorsed by strong scientific evidence on the health benefits attributable to the intake of their bioactive ingredients. To this purpose, an elucidation about the most suitable source of a specific bioactive compound is required. This study should include the development of the better extraction technique, isolation. Moreover, the biological activities of these compounds should be elucidated, including in vitro, cell, and also clinical trials. Studies focusing on changes during the digestion process, intestinal absorption rates, biological mechanisms of action or bioactivity of their metabolites are required to establish the real contribution of these compounds to the health status.

Therefore, this Special issue is looking for original research papers and review articles addressing recent advances in health benefits of the bioactive compounds in foods.



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# Special Issue



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## Message from the Editor-in-Chief

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