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The Role of Aquatic Food in Nutrition-Sensitive Sustainable Food Systems

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Message from the Guest Editors

Food systems have the potential to nurture human health and support environmental sustainability, however, they are currently threatening both. Aquatic food is highly diverse, from both nutritional and sustainability perspectives. Additionally, in many high-income countries, people are advised to increase their seafood consumption, which together with population and economic growth leads to a rapidly growing demand. Letting the most sustainable and nutritious forms of aquatic foods replace less-sustainable and/or nutritious terrestrial foods holds great potential to contribute to both global food provision and sustainable food and nutrition security. However, aquatic food is often not visible in food-based approaches to combat micronutrient deficiency. In the management of fisheries and aquaculture, the focus is production-centered. In this Special Issue, we shift the focus from production to consumption and aim to increase the visibility of aquatic resources as sustainable food that can contribute to “end poverty, protect the planet and improve the lives and prospects for everyone, everywhere” (The Sustainable Development Agenda).



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Special Issue



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Message from the Editor-in-Chief

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