



*foods*



an Open Access Journal by MDPI

## The 2nd Edition of Motivations Associated with Food Choices and Eating Practices

Guest Editor:

**Prof. Dr. Raquel P. F. Guiné**

1. CERNAS Research Centre,  
Polytechnic University of Viseu,  
3504-510 Viseu, Portugal

2. Department of Food Industry,  
Polytechnic University of Viseu,  
3504-510 Viseu, Portugal

Deadline for manuscript  
submissions:

**closed (19 May 2023)**

### Message from the Guest Editor

The main factors that lead people to eat are basic needs such as hunger and satiety. However, what people choose to eat is not determined exclusively by physiological or nutritional needs. In fact, in addition to the main factors that prompt eating, one can find a wide variety of other factors affecting food choices.

Human behaviors regarding foods are linked to a number of factors either of a sociological or psychological nature. Hence, the aim of this Special Issue is to gather studies and research works about the possible different types of motivations that determine people's eating patterns, either in relation to their food choices or eating habits. This Special Issue is a second edition of the previous Special Issue on the same topic and focuses on topics including, but not limited to, health motivations, economic factors, emotional aspects, cultural influences, marketing and commercials, and environmental concerns.



[mdpi.com/si/107762](https://mdpi.com/si/107762)

# Special Issue



*foods*



an Open Access Journal by MDPI

## Editor-in-Chief

### **Prof. Dr. Arun K. Bhunia**

1. Department of Food Science,  
Purdue University, West  
Lafayette, IN 47907, USA

2. Department of Comparative  
Pathobiology, Purdue University,  
West Lafayette, IN 47907, USA

## Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

## Author Benefits

**Open Access:** free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

**High Visibility:** indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [PMC](#), [FSTA](#), [AGRIS](#), [PubAg](#), and [other databases](#).

**Journal Rank:** JCR - Q1 (Food Science and Technology) / CiteScore - Q1 (Health Professions (miscellaneous))

## Contact Us

---

*Foods* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/foods](http://mdpi.com/journal/foods)  
[foods@mdpi.com](mailto:foods@mdpi.com)  
[X@Foods\\_MDPI](https://twitter.com/Foods_MDPI)