

# Special Issue

## Dietary Fiber and Human Health

### Message from the Guest Editor

Dietary fiber consists of non-digestible carbohydrate and lignin that are intrinsic and intact in plants as defined by the Institute of Medicine. The current evidence base highlights the importance of dietary fiber in order to reduce the risk of adverse health outcomes such as some cancers, cardiovascular diseases, obesity and type 2 diabetes. However, findings on the role of dietary fiber in human health and disease are scattered and unclear. The current Special Issue aims to bring together recent reviews and cutting-edge original papers in the field to address current gaps in the evidence base on the role of dietary fiber in human health. Assist. Prof. Dr. Dayeon Shin

### Guest Editor

Assist. Prof. Dr. Dayeon Shin

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### Deadline for manuscript submissions

closed (31 August 2018)



## Fibers

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## About the Journal

### Message from the Editor-in-Chief

*Fibers* is intended as an integrative platform, bringing together specialists with expertise concerning a large range of biological, synthetic, metallic and mineral fibers. The intent is to bring together scientists who would otherwise be unlikely to encounter each other's findings. By facilitating communication across specialties, the journal will advance understanding of the underlying commonality of many physical and chemical aspects of fibers.

We welcome submission of manuscripts from a diverse range of disciplines relating to many types of fibers utilizing a variety of research approaches.

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### Editor-in-Chief

Prof. Dr. Martin J. D. Clift

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#### High Visibility:

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#### Journal Rank:

JCR - Q2 (Materials Science, Multidisciplinary) / CiteScore - Q1 (Civil and Structural Engineering)

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manuscripts are peer-reviewed and a first decision is provided to authors approximately 23.3 days after submission; acceptance to publication is undertaken in 5.8 days (median values for papers published in this journal in the first half of 2025).