

## Special Issue

# Exploring How Parent–Child Relationships Shape Child and Adolescent Mental Health over Time

### Message from the Guest Editors

Parent–child relationships form the emotional and developmental foundation of a child’s mental well-being. Across childhood and adolescence, these relationships—shaped by attachment, communication, parenting styles, and family dynamics—have a profound impact on the psychological health, emotional regulation, and resilience of young people. As developmental contexts evolve, so too do the influences of parenting, making it critical to examine these dynamics across time and diverse sociocultural settings.

This Special Issue aims to bring together original articles (both qualitative and quantitative analyses and cross-sectional and longitudinal studies), systematic reviews, and meta-analyses that explore the dynamic nature of parent–child relationships and their role in shaping child and adolescent mental health across developmental stages. We welcome submissions from psychology, education, public health, social work, communication, and related disciplines that investigate these connections through longitudinal, cross-sectional, and mixed-method designs, intervention studies, or cross-cultural perspectives.

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### Guest Editors

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### Deadline for manuscript submissions

31 May 2026



## European Journal of Investigation in Health, Psychology and Education

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Published by MDPI

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Impact Factor 2.6  
CiteScore 5.1  
Indexed in PubMed



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*European Journal of  
Investigation in Health,  
Psychology and Education*  
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## About the Journal

### Message from the Editorial Board

The journal offers an integrating approach to the disciplines it addresses, highlighting the role of health as a transversal axis in educational and psychological processes, present in human development, throughout the life cycle. *European Journal of Investigation in Health, Psychology and Education* (ISSN 2254-9625) is a peer-reviewed scientific journal that publishes original articles and systematic reviews or meta-analyses related to research on human development throughout the life cycle. It is a journal of the University Association of Education and Psychology and is published monthly online by MDPI.

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