

Special Issue

Advances in Clinical Approaches to Addiction: Understanding Mechanisms and Coping Strategies

Message from the Guest Editors

Through this Special Issue, we seek to create a multidisciplinary dialogue that will lead to improved clinical practices and better outcomes for individuals struggling with substance use disorders. Therefore, we invite researchers, academics, and professionals in related fields to submit their original research, systematic reviews, and meta-analyses that offer new perspectives and solutions for helping those with addiction and moving the field forward. Examples of complementary therapies include the following:

- Neurobiological mechanisms in substance use disorders;
- Advances in pharmacological treatments for addiction;
- Behavioral therapies and their efficacy in addiction recovery;
- The role of genetics in addiction susceptibility;
- Coping strategies for relapse prevention;
- Psychosocial factors influencing recovery outcomes;
- The impact of comorbid mental health disorders on addiction treatment;
- Innovations in integrated care models for addiction management;
- Cultural and environmental influences on addiction and recovery;
- Technological approaches in addiction treatment (e.g., digital interventions);
- Health-based interventions such as exercise and nutrition.

Guest Editors

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About the Journal

Message from the Editorial Board

The journal offers an integrating approach to the disciplines it addresses, highlighting the role of health as a transversal axis in educational and psychological processes, present in human development, throughout the life cycle. *European Journal of Investigation in Health, Psychology and Education* (ISSN 2254-9625) is a peer-reviewed scientific journal that publishes original articles and systematic reviews or meta-analyses related to research on human development throughout the life cycle. It is a journal of the University Association of Education and Psychology and is published monthly online by MDPI.

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