

Special Issue

Mental Health during COVID-19 Pandemic: What Do We Know So Far?

Message from the Guest Editors

Since its outbreak in December of 2019, the COVID-19 pandemic has changed our lives. Fear of infection combined with various epidemiological measures has affected our everyday functioning. Increased levels of fear, worry, stress and anxiety are expected during situations like these in which our lives are significantly changed and threatened. Due to this sudden change, there is an increased need for psychological services. However, in current times and the modern world we are living in, mental health professionals are faced with a wide spectrum of mental health challenges that are not necessarily related just to the COVID-19 pandemic. Hence, the adaptation of proper clinical psychodiagnostic and assessment tools is required. This Special Issue calls for the submission of manuscripts related to the status of mental health in the modern world, and different factors (emotional, social, cognitive and physiological) associated with psychological well-being.

Guest Editors

Dr. Lovorka Brajković

Associate Professor in Clinical Psychology, Faculty of Croatian Studies, University of Zagreb, Zagreb, Croatia

Dr. Vanja Kopilaš

Assistant Professor, Faculty of Croatian Studies, University of Zagreb, Zagreb, Croatia

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
ejihpe@mdpi.com

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Message from the Editorial Board

The journal offers an integrating approach to the disciplines it addresses, highlighting the role of health as a transversal axis in educational and psychological processes, present in human development, throughout the life cycle. *European Journal of Investigation in Health, Psychology and Education* (ISSN 2254-9625) is a peer-reviewed scientific journal that publishes original articles and systematic reviews or meta-analyses related to research on human development throughout the life cycle. It is a journal of the University Association of Education and Psychology and is published monthly online by MDPI.

Editors-in-Chief

Dr. José Jesús Gázquez Linares

1. Department of Psychology, Universidad de Almería, Calle Universidad de Almería, 04120 Almería, Spain

2. Universidad Autónoma de Chile, Av. Pedro de Valdivia 425, Providencia, Región Metropolitana, Chile

Dr. María del Carmen Pérez-Fuentes

Department of Psychology, Universidad de Almería, Almería, Andalucía, Spain

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