

## Special Issue

# Health and Well-Being among Older Adults: Current Trends and Future Challenges

### Message from the Guest Editors

As the global population continues to age, the complexities surrounding the health and well-being of older adults become increasingly significant. This Special Issue of the *European Journal of Investigation in Health, Psychology and Education* explores the physical, mental, cultural, and social dimensions of health among older adults, aiming to contribute valuable insights to the ongoing discourse in gerontogeriatrics and related fields. Authors are invited to submit original research articles, reviews, and opinion pieces that align with the themes of this Special Issue. We particularly welcome studies that explore the topic in light of the 17 Sustainable Development Goals (SDGs) proposed in the 2030 Agenda for Sustainable Development. More specifically, authors should consider submitting articles on the following topics:

- Physical Resilience and Aging
- Mental Health in Later Life
- Social and Cultural Connectedness
- Healthcare Innovations for Aging Populations
- Cultural and Ethical Perspectives on Aging

---

### Guest Editors

Dr. Paulo Santos-Costa

Dr. Manuela Vilar

Dr. Liliana B. Sousa

---

### Deadline for manuscript submissions

closed (30 June 2025)



## European Journal of Investigation in Health, Psychology and Education

---

an Open Access Journal  
Published by MDPI

---

Impact Factor 2.6  
CiteScore 5.1  
Indexed in PubMed



[mdpi.com/si/195969](https://mdpi.com/si/195969)

*European Journal of Investigation in Health, Psychology and Education*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ejihpe@mdpi.com](mailto:ejihpe@mdpi.com)

[mdpi.com/journal/ejihpe](https://mdpi.com/journal/ejihpe)





# European Journal of Investigation in Health, Psychology and Education

---

an Open Access Journal  
Published by MDPI

---

Impact Factor 2.6  
CiteScore 5.1  
Indexed in PubMed



[mdpi.com/journal/  
ejihpe](https://mdpi.com/journal/ejihpe)



## About the Journal

### Message from the Editorial Board

The journal offers an integrating approach to the disciplines it addresses, highlighting the role of health as a transversal axis in educational and psychological processes, present in human development, throughout the life cycle. *European Journal of Investigation in Health, Psychology and Education* (ISSN 2254-9625) is a peer-reviewed scientific journal that publishes original articles and systematic reviews or meta-analyses related to research on human development throughout the life cycle. It is a journal of the University Association of Education and Psychology and is published monthly online by MDPI.

---

### Editors-in-Chief

Dr. José Jesús Gázquez Linares

1. Department of Psychology, Universidad de Almería, Calle Universidad de Almería, 04120 Almería, Spain

2. Universidad Autónoma de Chile, Av. Pedro de Valdivia 425, Providencia, Región Metropolitana, Chile

Dr. María del Carmen Pérez-Fuentes

Department of Psychology, Universidad de Almería, Almería, Andalucía, Spain

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, ESCI (Web of Science), PMC, PubMed, and other databases.

#### Journal Rank:

JCR - Q2 (Psychology, Clinical) / CiteScore - Q1 (Clinical Psychology)