

## Special Issue

# Interventions to Foster Mental Health and Human Well-Being in Educational Settings

### Message from the Guest Editor

In the words of the World Health Organization, citizens with severe mental health conditions die on average two decades earlier than other people. Moreover, it is stated that suicide is the fourth leading cause of death among 15–29-year-olds. Mental health has been included among the 17 Sustainable Development Goals proposed by the United Nations. Subsequently, fostering mental health has become a major challenge for all professionals involved in educational settings. In this way, social competence has been proposed as a demanding strategy to assist patients in the prevention of mental health conditions. This Special Issue calls for researchers to work together to summarize proposals aimed to facilitate professionals in educational settings to foster social and emotional competences to foster children's well-being. However, it is crucial to highlight that this special collection does not aim to substitute the reception of actual medical advice and therapy but wants to collect strategies to help teachers, from early childhood to adolescence, or even university teachers, improve their own and their students' intra- and inter-personal competences.

### Guest Editor

Prof. Dr. Markel Rico-González

Department of Didactics of Musical, Plastic and Corporal Expression,  
University of the Basque Country, UPV-EHU, Leioa, Vizcaya, Spain

### Deadline for manuscript submissions

closed (1 December 2024)



## European Journal of Investigation in Health, Psychology and Education

---

an Open Access Journal  
Published by MDPI

---

Impact Factor 2.6  
CiteScore 5.1  
Indexed in PubMed



[mdpi.com/si/198740](https://mdpi.com/si/198740)

*European Journal of  
Investigation in Health,  
Psychology and Education*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[ejihpe@mdpi.com](mailto:ejihpe@mdpi.com)

[mdpi.com/journal/  
ejihpe](https://mdpi.com/journal/ejihpe)





# European Journal of Investigation in Health, Psychology and Education

---

an Open Access Journal  
Published by MDPI

---

Impact Factor 2.6  
CiteScore 5.1  
Indexed in PubMed



[mdpi.com/journal/  
ejihpe](https://mdpi.com/journal/ejihpe)



## About the Journal

### Message from the Editorial Board

The journal offers an integrating approach to the disciplines it addresses, highlighting the role of health as a transversal axis in educational and psychological processes, present in human development, throughout the life cycle. *European Journal of Investigation in Health, Psychology and Education* (ISSN 2254-9625) is a peer-reviewed scientific journal that publishes original articles and systematic reviews or meta-analyses related to research on human development throughout the life cycle. It is a journal of the University Association of Education and Psychology and is published monthly online by MDPI.

---

### Editors-in-Chief

Dr. José Jesús Gázquez Linares

1. Department of Psychology, Universidad de Almería, Calle Universidad de Almería, 04120 Almería, Spain

2. Universidad Autónoma de Chile, Av. Pedro de Valdivia 425, Providencia, Región Metropolitana, Chile

Dr. María del Carmen Pérez-Fuentes

Department of Psychology, Universidad de Almería, Almería, Andalucía, Spain

---

### Author Benefits

#### Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

#### High Visibility:

indexed within Scopus, ESCI (Web of Science), PMC, PubMed, and other databases.

#### Journal Rank:

JCR - Q2 (Psychology, Clinical) / CiteScore - Q1 (Clinical Psychology)