



## Life Skills and Emotional Competencies in Adolescence: What Is the Role of Educational Settings?

Guest Editors:

**Dr. Valentina Lucia La Rosa**

Department of Educational Sciences, University of Catania, 95100 Catania, Italy

**Dr. Éva Kállay**

Department of Psychology, Faculty of Psychology and Educational Sciences, Babeş-Bolyai University, Cluj-Napoca, Romania.

**Prof. Dr. Elena Commodari**

Department of Educational Sciences, University of Catania, Catania, Italy

Deadline for manuscript submissions:

**closed (30 September 2024)**

### Message from the Guest Editors

Adolescence is a crucial stage of human development when individuals undergo significant changes in multiple domains. This Special Issue aims to explore the skills and competencies that adolescents need to develop to positively address the developmental tasks of this unique life cycle stage, providing a specific focus on the role of educational settings, including:

- Education's Role in Adolescent Cognitive Competencies: Critical Thinking, Problem-solving, and Decision-making;
- Social/Emotional Learning Programs and Adolescent Emotional Regulation, Empathy, and Relationship Skills;
- Technology in Adolescent Skill Development;
- Educational Settings and Life Skills Development in Adolescence;
- Cultural and Contextual Factors in Adolescent Life Skills Acquisition;
- Teacher-Student Relationships and Adolescent Skills Development;
- Experiential Learning for Skill Development in Adolescence;
- Peer Relationships and Adolescent Life Skills Development;
- Family Influence on Adolescent Skills and Competencies.





an Open Access Journal by MDPI

## Editors-in-Chief

### Dr. José Jesús Gázquez Linares

1. Department of Psychology,  
Universidad de Almería, Calle  
Universidad de Almería, 04120  
Almería, Spain

2. Universidad Autónoma de  
Chile, Av. Pedro de Valdivia 425,  
Providencia, Región  
Metropolitana, Chile

### Dr. María del Carmen Pérez- Fuentes

Department of Psychology,  
Universidad de Almería, Almería,  
Andalucía, Spain

## Message from the Editorial Board

The journal offers an integrating approach to the disciplines it addresses, highlighting the role of health as a transversal axis in educational and psychological processes, present in human development, throughout the life cycle. *European Journal of Investigation in Health, Psychology and Education* (ISSN 2254-9625) is a peer-reviewed scientific journal that publishes original articles and systematic reviews or meta-analyses related to research on human development throughout the life cycle. It is a journal of the University Association of Education and Psychology and is published monthly online by MDPI.

## Author Benefits

**Open Access:** free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

**High Visibility:** indexed within [Scopus](#), [ESCI \(Web of Science\)](#), [PMC](#), [PubMed](#), and [other databases](#).

**Journal Rank:** JCR - Q2 (Psychology, Clinical) / CiteScore - Q1 (Clinical Psychology)

## Contact Us

*European Journal of Investigation in  
Health, Psychology and Education*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/ejihpe](http://mdpi.com/journal/ejihpe)  
[ejihpe@mdpi.com](mailto:ejihpe@mdpi.com)  
[X@EJIHPE\\_MDPI](https://twitter.com/EJIHPE_MDPI)