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# Life Skills and Emotional Competencies in Adolescence: What Is the Role of Educational Settings?

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# **Message from the Guest Editors**

Dear Colleagues,

Adolescence is a crucial stage of human development when individuals undergo significant changes in multiple domains. This Special Issue aims to explore the skills and competencies that adolescents need to develop to positively address the developmental tasks of this unique life cycle stage, providing a specific focus on the role of educational settings, including:

- Education's Role in Adolescent Cognitive Competencies: Critical Thinking, Problem-solving, and Decision-making;
- Social/Emotional Learning Programs and Adolescent Emotional Regulation, Empathy, and Relationship Skills;
- Technology in Adolescent Skill Development;
- Educational Settings and Life Skills Development in Adolescence:
- Cultural and Contextual Factors in Adolescent Life Skills Acquisition;
- Teacher-Student Relationships and Adolescent Skills Development;
- Experiential Learning for Skill Development in Adolescence:
- Peer Relationships and Adolescent Life Skills Development;
- Family Influence on Adolescent Skills and Competencies Specialsue



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# **Message from the Editorial Board**

The journal offers an integrating approach to the disciplines it addresses, highlighting the role of health as a transversal axis in educational and psychological processes, present in human development, throughout the life cycle. European Journal of Investigation in Health, Psychology and Education (ISSN 2254-9625) is a peerreviewed scientific journal that publishes original articles and systematic reviews or meta-analyses related to research on human development throughout the life cycle. It is a journal of the University Association of Education and Psychology and is published quarterly online by MDPI.

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