



Advances in Health Psychology: Theories, Methods and Applications

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Message from the Guest Editors

Even before Matarazzo coined the term Health Psychology and Martin Seligman popularized the expression Positive Psychology, hundreds of studies conducted all over the world were undoubtedly related to these two broad topics. An enormous number of assessment and intervention instruments have been developed, adapted and tested in these fields. Individual and group behaviours in “normal” and challenging periods have been analysed, modified and predicted. Consequently, a considerable number of systematic literature reviews central to the work of health psychologists have been published. In this context, this Special Issue of EJIHPE aims to synthesise some of the remarkable advances in Health Psychology, from theoretical to applied aspects.





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Message from the Editorial Board

The journal offers an integrating approach to the disciplines it addresses, highlighting the role of health as a transversal axis in educational and psychological processes, present in human development, throughout the life cycle. *European Journal of Investigation in Health, Psychology and Education* (ISSN 2254-9625) is a peer-reviewed scientific journal that publishes original articles and systematic reviews or meta-analyses related to research on human development throughout the life cycle. It is a journal of the University Association of Education and Psychology and is published quarterly online by MDPI.

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