

## Special Issue

# Didactics of Physical Education and Sport

### Message from the Guest Editors

Health problems have become a worldwide pandemic. In this sense, Physical Education and its didactics is one of the great tools to face this problem. From an early age, healthy patterns can be established that last over time. In this way, if we have healthy children and young people, we can have healthy adults. The main objectives of this Special Issue are to deepen the didactics of Physical Education in schoolchildren, adolescents, and adults. In addition, this issue will accept review articles and descriptive or experimental research that provide relevant knowledge on the subject. In short, this issue will focus on new didactic techniques and the promotion of physical activity practice.

Prof. Dr. Jose Luis Ubago

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### Guest Editors

Prof. Dr. Pedro Valdivia-Moral

Faculty of Education, Department of Didactics of Musical, Plastic and Body Expression, University of Granada, 18071 Granada, Spain

Prof. Dr. José Luis Ubago-Jiménez

Faculty of Education, Department of Didactics of Musical, Plastic and Body Expression, University of Granada, 18071 Granada, Spain

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### Deadline for manuscript submissions

closed (30 September 2019)



## Education Sciences

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*Education Sciences*  
Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland  
Tel: +41 61 683 77 34  
[education@mdpi.com](mailto:education@mdpi.com)

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## About the Journal

### Message from the Editor-in-Chief

From its first issue in 2011, *Education Sciences* (ISSN 2227-7102) has grown as a scholarly international open access journal. Its aim remains to publish extended full-length research papers that have the scope to substantively address current issues in education. As a member of the Committee on Publication Ethics (COPE), our goal has been to disseminate high quality research. Our publisher, MDPI, takes the responsibility to enforce a rigorous double-blind peer-review together with strict ethical policies and standards to ensure to add high quality scientific works to the field of scholarly publication.

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### Editor-in-Chief

Prof. Dr. Daniel Muijs

School of Social Sciences, Education and Social Work, Queen's  
University Belfast, Belfast BT7 1NN, UK

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### Author Benefits

#### High Visibility:

indexed within Scopus, ESCI (Web of Science), Educational Research Abstracts, PsycInfo, and other databases.

#### Journal Rank:

JCR - Q1 (Education and Educational Research) / CiteScore  
- Q1 (Physical Therapy, Sports Therapy and Rehabilitation)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 29.2 days after submission; acceptance to publication is undertaken in 3.9 days (median values for papers published in this journal in the first half of 2025).