

## Special Issue

# Educational Institutions Under Pressure: An Analysis of Well-Being Strategies for Teachers, Students, and Families

### Message from the Guest Editors

Educational institutions have been recognized as key contexts for fostering social innovation and developmental change for a long time. Yet, contemporary educational contexts are increasingly affected by rapid social, economic, cultural, and technological transformations, which significantly affect the well-being of teachers, students, and families. In this scenario, well-being emerges as a central construct for understanding how individuals and groups manage demands, regulate stress, and sustain motivation within educational contexts. This Special Issue aims to present and disseminate the most recent advances related to well-being-oriented strategies within educational institutions. Topics of interest for publication include, but are not limited to, the following:

- Burnout and stress among teachers and students;
- Bullying and school climate;
- Wellness and wellbeing promotion;
- Coping strategies;
- Family-school relationships;
- Family and student expectations;
- Well-being and challenges of special needs teachers;
- NEET phenomenon;
- Educational inequalities;
- School dropout;
- Moral reasoning, decision-making and theory of mind;
- Educational technologies and technostress.

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### Guest Editors

Dr. Pietro Crescenzo

Dr. Giuseppe Ritella

Dr. Elisabetta Lombardi

Dr. Giacomo Angelini

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### Deadline for manuscript submissions

11 January 2027



## Education Sciences

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## About the Journal

### Message from the Editor-in-Chief

From its first issue in 2011, *Education Sciences* (ISSN 2227-7102) has grown as a scholarly international open access journal. Its aim remains to publish extended full-length research papers that have the scope to substantively address current issues in education. As a member of the Committee on Publication Ethics (COPE), our goal has been to disseminate high quality research. Our publisher, MDPI, takes the responsibility to enforce a rigorous double-blind peer-review together with strict ethical policies and standards to ensure to add high quality scientific works to the field of scholarly publication.

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### Editor-in-Chief

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### Author Benefits

#### High Visibility:

indexed within Scopus, ESCI (Web of Science), Educational Research Abstracts, PsycInfo, and other databases.

#### Journal Rank:

JCR - Q1 (Education and Educational Research) / CiteScore - Q1 (Physical Therapy, Sports Therapy and Rehabilitation)

#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 26.5 days after submission; acceptance to publication is undertaken in 3.9 days (median values for papers published in this journal in the second half of 2025).