Special Issue

Promoting Mental Health and Wellbeing in Education: Counselling, Collaboration, and Practice

Message from the Guest Editor

This Special Issue explores the intersections of education, counselling, and mental health, focusing on agency, lived experience, and transformative practice. We aim to showcase critical perspectives beyond clinical models by amplifying service user voices and promoting inclusive, rights-based approaches to wellbeing in educational contexts. Contributions grounded in mad studies, critical disability studies, and participatory research are especially welcomed. The issue invites theoretical, empirical, and practice-based submissions highlighting school counsellors' roles, interdisciplinary collaborations, student voices, and the challenges of navigating mental health systems from within and outside institutions.

Guest Editor

Dr. Ruth Falzon Faculty for Social Wellbeing, University of Malta, Msida, Malta

Deadline for manuscript submissions

31 January 2026



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Education Sciences Editorial Office MDPI, Grosspeteranlage 5 4052 Basel, Switzerland Tel: +4161 683 77 34 education@mdpi.com

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About the Journal

Message from the Editor-in-Chief

From its first issue in 2011, *Education Sciences* (ISSN 2227-7102) has grown as a scholarly international open access journal. Its aim remains to publish extended full-length research papers that have the scope to substantively address current issues in education. As a member of the Committee on Publication Ethics (COPE), our goal has been to disseminate high quality research. Our publisher, MDPI, takes the responsibility to enforce a rigorous double-blind peer-review together with strict ethical policies and standards to ensure to add high quality scientific works to the field of scholarly publication.

Editor-in-Chief

Prof. Dr. Daniel Muijs School of Social Sciences, Education and Social Work, Queen's University Belfast, Belfast BT7 1NN, UK

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