

Special Issue

Mind Matters: Exploring Mental Health and Well-Being in the Education System

Message from the Guest Editors

This Special Issue aims to investigate the vital connections between mental health, overall well-being, and the educational environment, with a particular emphasis on the political and structural factors influencing these domains.

We welcome submissions addressing subjects such as the impact of academic stress on student performance and well-being, the role of social-emotional learning in enhancing resilience and interpersonal skills, and the effects of loneliness and social isolation on student engagement and academic achievement.

Furthermore, we strongly encourage discussions that reflect on how educational policies and disparities shape mental health and well-being.

Through the dissemination of research, practical experiences, and innovative approaches, this Special Issue aims to deepen the understanding of how to create supportive and inclusive learning environments that prioritize mental health and overall well-being for all students, while also addressing the underlying structural and political challenges.

We look forward to receiving your valuable contributions.

Guest Editors

Dr. Till Kaiser

Institute of Educational Science, Universität Osnabrück, 49074 Osnabrück, Germany

Prof. Dr. Christian Reintjes

Institute of Educational Science, Universität Osnabrück, 49074 Osnabrück, Germany

Deadline for manuscript submissions

closed (15 April 2025)



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Education Sciences
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
education@mdpi.com

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About the Journal

Message from the Editor-in-Chief

From its first issue in 2011, *Education Sciences* (ISSN 2227-7102) has grown as a scholarly international open access journal. Its aim remains to publish extended full-length research papers that have the scope to substantively address current issues in education. As a member of the Committee on Publication Ethics (COPE), our goal has been to disseminate high quality research. Our publisher, MDPI, takes the responsibility to enforce a rigorous double-blind peer-review together with strict ethical policies and standards to ensure to add high quality scientific works to the field of scholarly publication.

Editor-in-Chief

Prof. Dr. Daniel Muijs

School of Social Sciences, Education and Social Work, Queen's
University Belfast, Belfast BT7 1NN, UK

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