

## Special Issue

# Addressing the Mental Health Needs of Students and Teachers: Strategies for School-Based Interventions

### Message from the Guest Editors

Globally, scholars are paying increasing attention to factors that are crucial to both students and teachers in the contemporary educational landscape: resilience, grit, mattering, belonging, and adaptability, among others. While the aforementioned factors are sometimes seen as personal attributes that allow individuals to cope with psychological distress, we believe that well-designed school-based interventions can equip students and teachers with related strategies and resources for improving mental health. This Special Issue of *Education Sciences* seeks submissions focusing on how schools can provide support for students' and teachers' mental health and psychological wellbeing in schools, particularly in light of the shifts that are taking place in education in the post-pandemic era. We adopt an interdisciplinary and holistic perspective and welcome contributions from stakeholders from a variety of fields. Submissions of original empirical research are valued, including quantitative, qualitative, and mixed-method approaches, as well as review articles.

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### Guest Editors

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### Deadline for manuscript submissions

31 October 2025



## Education Sciences

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## About the Journal

### Message from the Editor-in-Chief

From its first issue in 2011, *Education Sciences* (ISSN 2227-7102) has grown as a scholarly international open access journal. Its aim remains to publish extended full-length research papers that have the scope to substantively address current issues in education. As a member of the Committee on Publication Ethics (COPE), our goal has been to disseminate high quality research. Our publisher, MDPI, takes the responsibility to enforce a rigorous double-blind peer-review together with strict ethical policies and standards to ensure to add high quality scientific works to the field of scholarly publication.

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### Editor-in-Chief

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indexed within Scopus, ESCI (Web of Science), Educational Research Abstracts, PsycInfo, and other databases.

#### Journal Rank:

JCR - Q1 (Education and Educational Research) / CiteScore  
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#### Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 29.2 days after submission; acceptance to publication is undertaken in 3.9 days (median values for papers published in this journal in the first half of 2025).