

Special Issue

Holistic Education: What It Is and How It Works

Message from the Guest Editors

This edition highlights innovative research on the implementation and evaluation of experiential learning within higher education. Experiential learning emphasizes hands-on, real-world experiences that foster critical thinking, problem-solving, and personal growth, integral to holistic education. As universities increasingly recognize the importance of developing well-rounded individuals, this issue explores diverse approaches to engaging students beyond traditional classroom settings. Contributions examine how immersive activities—such as community projects, internships, service-learning, and fieldwork—integrate academic knowledge with practical application, promoting deeper understanding and skill development. Furthermore, the issue presents evidence-based evaluations of these experiential strategies, assessing their impact on students' cognitive, emotional, and social development. By showcasing successful models and identifying best practices, this collection aims to guide educators in designing effective experiential programs that nurture holistic growth.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

From its first issue in 2011, *Education Sciences* (ISSN 2227-7102) has grown as a scholarly international open access journal. Its aim remains to publish extended full-length research papers that have the scope to substantively address current issues in education. As a member of the Committee on Publication Ethics (COPE), our goal has been to disseminate high quality research. Our publisher, MDPI, takes the responsibility to enforce a rigorous double-blind peer-review together with strict ethical policies and standards to ensure to add high quality scientific works to the field of scholarly publication.

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