

Special Issue

Physical Activity and Active Proposals as a Pathway to Enhance Intelligence and Cognitive/Academic Variables in Young People

Message from the Guest Editor

Potential topics for this Special Issue are presented below, and we remain open to other proposals along similar lines that may bring innovation and novelty to these areas of interest. Potential topics:

- Physical activity and intelligence or cognitive/academic performance in young people.
- Active commuting or active starts and intelligence or cognitive/academic performance in young people.
- Active recesses/active breaks and intelligence or cognitive/academic performance in schoolchildren.
- Physical education and intelligence or cognitive/academic performance in young people.
- Active teaching and learning to improve intelligence or cognitive/academic performance in young people.
- Effects of physical activity on intelligence or cognitive/academic performance variables in young people.
- Didactic and psychological factors that affect intelligence or cognitive/academic performance in young people.

Guest Editor

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Deadline for manuscript submissions

closed (30 June 2025)



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Message from the Editor-in-Chief

From its first issue in 2011, *Education Sciences* (ISSN 2227-7102) has grown as a scholarly international open access journal. Its aim remains to publish extended full-length research papers that have the scope to substantively address current issues in education. As a member of the Committee on Publication Ethics (COPE), our goal has been to disseminate high quality research. Our publisher, MDPI, takes the responsibility to enforce a rigorous double-blind peer-review together with strict ethical policies and standards to ensure to add high quality scientific works to the field of scholarly publication.

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