

Special Issue

Treatment Strategies and Immune Responses in Rheumatic Diseases

Message from the Guest Editor

Rheumatic diseases are chronic inflammatory immune-mediated disorders that may affect the joints, muscles, and bones and that exhibit systemic and/or organ-specific involvement. These conditions can have a major impact on patients' quality of life, society more broadly, and can represent an economic burden. Therefore, facilitating early diagnosis and providing adequate treatment are fundamental for effective disease management. Treatment options in rheumatic disorders include the use of non-steroid anti-inflammatory drugs (NSAIDs), corticosteroids, synthetic and biological disease-modifying anti-rheumatic drugs (DMARDs). Despite the progresses achieved in recent decades and the development of novel treatment strategies to effectively stop or attenuate the progression of rheumatic diseases, not all patients reach sustained remission and refractory disease remains a significant challenge. The aim of this Special Issue is to collect original research articles and/or reviews that focus on the impact of treatment management and immune responses in rheumatic diseases and novel approaches in precision medicine.

Guest Editor

Dr. Rita Aguiar Moura

Instituto de Medicina Molecular João Lobo Antunes, Lisbon, Portugal

Deadline for manuscript submissions

closed (30 April 2026)



Diseases

an Open Access Journal
by MDPI

Impact Factor 3.0
CiteScore 3.7
Indexed in PubMed



mdpi.com/si/201770

Diseases
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
diseases@mdpi.com

[mdpi.com/journal/
diseases](https://mdpi.com/journal/diseases)





Diseases

an Open Access Journal
by MDPI

Impact Factor 3.0
CiteScore 3.7
Indexed in PubMed



[mdpi.com/journal/
diseases](https://mdpi.com/journal/diseases)



About the Journal

Message from the Editor-in-Chief

Diseases is an international, peer-reviewed, open access, multidisciplinary journal that focuses on the latest outstanding research concerning diseases and conditions. Research articles, reviews, and other contents are released on the Internet immediately after acceptance. This journal aims to cover international conferences and symposia as new targets.

Diseases is increasingly gaining acceptance and visibility within scholars, and after only a few years of life, *Diseases* is now also covering specific topics with dedicated special issues. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Omar Cauli

Frailty and Cognitive Impairment—FROG Research Group, University of Valencia, 46010 Valencia, Spain

Author Benefits

High Visibility:

indexed within Scopus, ESCI (Web of Science), PubMed, PMC, CAPIus / SciFinder, and other databases.

Journal Rank:

JCR - Q2 (Medicine, Research and Experimental)

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21 days after submission; acceptance to publication is undertaken in 3.5 days (median values for papers published in this journal in the second half of 2025).