

Special Issue

Nutrition Therapy and IBD

Message from the Guest Editors

Inflammatory bowel disease (IBD) is a multifactorial disease with both a strong genetic and environmental component. A growing body of evidence demonstrates that diet is not only important as a risk factor, but also as a therapeutic option to manage this disease. Increasing evidence associates a Western diet and ultra-processed foods with the development of IBD, while growing evidence points to the therapeutic potential of manipulating diet. Nutritional therapy includes dietary options emphasizing anti-inflammatory foods to modulate the microbiome and its metabolic byproducts, a proposed mechanism to explain their benefits of improving symptoms, reducing inflammation, and aiding in mucosal healing. This Special Issue is aimed at providing selected contributions on nutrition therapy for all subtypes of IBD including Crohn's disease and Ulcerative colitis. Potential topics include but are not limited to: food in models of IBD (in vitro and in vivo); nutritional/dietary interventions and clinical trials in IBD; nutrigenomics and personalized nutrition for IBD; future perspectives on nutrition therapy for IBD; systematic reviews on currently available nutrition therapy for IBD.

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About the Journal

Message from the Editor-in-Chief

Diseases is an international, peer-reviewed, open access, multidisciplinary journal that focuses on the latest outstanding research concerning diseases and conditions. Research articles, reviews, and other contents are released on the Internet immediately after acceptance. This journal aims to cover international conferences and symposia as new targets.

Diseases is increasingly gaining acceptance and visibility within scholars, and after only a few years of life, *Diseases* is now also covering specific topics with dedicated special issues. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

Prof. Dr. Omar Cauli

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