

Special Issue

Insights into the Management of Cardiovascular Disease Risk Factors

Message from the Guest Editors

Despite significant developments in diagnostic tools and treatment, cardiovascular diseases remain the primary cause of death worldwide. Ongoing research into novel risk factors and improved management is necessary to improve outcomes. The treatment of classical risk factors such as hypertension, diabetes mellitus and dyslipidemia is crucial, but it does not completely eliminate cardiovascular risk. Modern approaches to risk management should incorporate non-classical elements of the lipid profile, including cholesterol remnants, triglyceride-rich lipoproteins, and lipoprotein (a). Furthermore, evidence suggesting the involvement of systemic inflammation is continuing to increase. Many studies are currently exploring elective treatment options for remaining risks, also known as residual risks. Additionally, a personalised approach, which accounts for differences in specific patients groups, such as sex-related differences, can be more effective. This Special Issue aims to investigate the influence of novel risk factors on cardiovascular diseases, focusing on their clinical utility, impact on incidence, treatment choices, and potential interventions for prevention.

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Deadline for manuscript submissions

31 March 2026



Diseases

an Open Access Journal
by MDPI

Impact Factor 3.0
CiteScore 3.7
Indexed in PubMed



mdpi.com/si/246918

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Diseases is an international, peer-reviewed, open access, multidisciplinary journal that focuses on the latest outstanding research concerning diseases and conditions. Research articles, reviews, and other contents are released on the Internet immediately after acceptance. This journal aims to cover international conferences and symposia as new targets.

Diseases is increasingly gaining acceptance and visibility within scholars, and after only a few years of life, *Diseases* is now also covering specific topics with dedicated special issues. We would be pleased to welcome you as one of our authors.

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