

# Special Issue

## Frailty and Frequent Hospitalizations in Older Adults: Risk, Management, and Interventions

### Message from the Guest Editors

Frailty is a complex clinical syndrome characterized by a decline in physiological reserves and reduced homeostatic capacity, which limits the body's ability to respond effectively to internal or external stressors. As the global population ages, frailty is becoming a major public health concern, frequently associated with repeated hospital admissions, prolonged hospital stays, reduced quality of life, and increased healthcare costs. Frequent hospitalizations among older adults often signal the progression of frailty and are predictive of disability and mortality. We are pleased to invite you to contribute to this Special Issue of *Diseases*, which aims to explore the multifaceted relationship between frailty and frequent hospitalizations in older populations. This topic lies at the intersection of geriatrics, internal medicine, public health, and healthcare policy, aligning closely with the journal's multidisciplinary scope. Our goal is to gather high-quality, evidence-based insights into risk assessment, early detection, and targeted interventions that may reduce hospital readmissions and improve the care of frail elderly patients.

### Guest Editors

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### Deadline for manuscript submissions

31 March 2026



## Diseases

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## About the Journal

### Message from the Editorial Board

*Diseases* is an international, peer-reviewed, open access, multidisciplinary journal that focuses on the latest outstanding research concerning diseases and conditions. Research articles, reviews, and other contents are released on the Internet immediately after acceptance. This journal aims to cover international conferences and symposia as new targets.

*Diseases* is increasingly gaining acceptance and visibility within scholars, and after only a few years of life, *Diseases* is now also covering specific topics with dedicated special issues. We would be pleased to welcome you as one of our authors.

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### Editors-in-Chief

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