

Special Issue

From Monitoring to Management: Addressing Challenges in Type 1 and Type 2 Diabetes Care

Message from the Guest Editors

Diabetes is a complex disorder characterized by uncontrolled blood glucose levels, ultimately leading to serious complications including diabetic cardiomyopathies, nephropathies, neuropathies, and more. In this context, preventing these complications is crucial, and interventions for diabetic patients are essential. To achieve these aims, it is essential to build an understanding of the clinical evolution of diabetic patients through personalized, multidisciplinary approaches as well as developing cohesive care-management strategies. This Special Issue delves into the rationale behind monitoring diabetes and managing its complications. It addresses the challenges in type 1 and type 2 diabetes care, including insulin dependence, glycemic variability, psychosocial burden, technology dependence, and educating and supporting diabetic patients and their families in type 1 diabetes, and explores the topics of delayed diagnosis, medication adherence, lifestyle interventions, health system limitations, and comorbidities in type 2 diabetes.

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Message from the Editorial Board

Diseases is an international, peer-reviewed, open access, multidisciplinary journal that focuses on the latest outstanding research concerning diseases and conditions. Research articles, reviews, and other contents are released on the Internet immediately after acceptance. This journal aims to cover international conferences and symposia as new targets.

Diseases is increasingly gaining acceptance and visibility within scholars, and after only a few years of life, *Diseases* is now also covering specific topics with dedicated special issues. We would be pleased to welcome you as one of our authors.

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