

Special Issue

Mental Health—Management and Care, Multidisciplinary Approaches and Perspectives

Message from the Guest Editors

In the current global context, the emphasis on prevention has become essential. Promoting mental health within communities, implementing early interventions, and reducing social and economic risk factors contribute to strengthening both individual and collective resilience. A multidisciplinary approach connecting professionals from the medical field is paramount. This collaboration fosters holistic patient assessment, leading to tailored treatment plans that address not only symptoms but also underlying life stressors and physical health comorbidities. By leveraging diverse expertise, teams ensure comprehensive support, streamlined care coordination, and a greater focus on long-term wellness. Challenges like stigma and communication barriers within teams are actively being addressed, with an emphasis on clear role definitions and shared goals. The ultimate aim is to move beyond episodic care to a preventive, patient-centered model that significantly improves outcomes and enhances the overall quality of life for individuals navigating mental health challenges/ disorders.

Guest Editors

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About the Journal

Message from the Editor-in-Chief

Diseases is an international, peer-reviewed, open access, multidisciplinary journal that focuses on the latest outstanding research concerning diseases and conditions. Research articles, reviews, and other contents are released on the Internet immediately after acceptance. This journal aims to cover international conferences and symposia as new targets.

Diseases is increasingly gaining acceptance and visibility within scholars, and after only a few years of life, *Diseases* is now also covering specific topics with dedicated special issues. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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