

Special Issue

Vitamin D in the New Decade: Facts, Controversies, and Future Perspectives for Daily Clinical Practice

Message from the Guest Editor

This Special Issue will draw attention to all the intriguing and conflicting aspects of vitamin D research, including the following: Vitamin D deficiency and its widespread epidemiology; musculoskeletal and extra-skeletal effects; and critical updates on published vitamin D supplementation prevention RCTs (cancer/CVD). It will also include discourse on the future agenda with the main questions: What has changed so far in the field? What are future research milestones? In collecting the results reported here, the editors have not endeavored to achieve any sort of completeness, but rather to shed light on the ongoing controversy of the vitamin D “friendly” perspective versus vitamin D skepticism, with a discourse on clinical implications and physicians’ daily decision making into the beginning of the new decade.

Guest Editor

Dr. Spyridon N. Karras

Laboratory of Biological Chemistry, Medical School of Aristotle University, 55535 Thessaloniki, Greece

Deadline for manuscript submissions

25 August 2025



Dietetics

an Open Access Journal
by MDPI

Tracked for Impact Factor



mdpi.com/si/189721

Dietetics
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
dietetics@mdpi.com

[mdpi.com/journal/
dietetics](https://mdpi.com/journal/dietetics)





Dietetics

an Open Access Journal
by MDPI

Tracked for Impact Factor



[mdpi.com/journal/
dietetics](https://mdpi.com/journal/dietetics)



About the Journal

Message from the Editor-in-Chief

Dietetics is an international, peer-reviewed, open access journal of human dietetics. It publishes reviews, regular research papers, and communications. Our aim is to publish timely experimental and theoretical research results in a rapid and readily accessible manner.

Editor-in-Chief

Prof. Dr. Bahram H. Arjmandi

1. Center for Advancing Exercise and Nutrition Research on Aging, Florida State University, Tallahassee, FL 32304, USA
2. Department of Nutrition, Food and Exercise Sciences, Florida State University, Tallahassee, FL 32304, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within ESCI (Web of Science), EBSCO and other databases.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 26.5 days after submission; acceptance to publication is undertaken in 9.8 days (median values for papers published in this journal in the first half of 2025).