

## Special Issue

# Clinical and Biochemical Diagnosis and Management of Obesity

### Message from the Guest Editor

This Special Issue of *Diagnostics*, titled "Clinical and Biochemical Diagnosis and Management of Obesity," will explore the transition to a precision medicine model for this complex chronic disease. It will move beyond Body Mass Index (BMI) to highlight advanced diagnostic strategies, including the assessment of body composition, metabolic dysfunction, and key biochemical pathways. The Special Issue will feature contributions on the utility of biomarkers, genetic insights, and modern imaging in stratifying obesity phenotypes and associated cardiometabolic risks, as well as others such as liver dysfunction, insulin resistance, bone system dysfunction and quality of life. In parallel, it will examine evolving, evidence-based management frameworks. Topics will encompass integrated therapeutic approaches—from personalized nutrition and behavior change to novel pharmacotherapies and metabolic surgery—emphasizing how diagnostic precision informs tailored treatment. This collection will underscore the necessity of a multidimensional understanding of obesity's heterogeneity to improve patient outcomes and advance the field.

### Guest Editor

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### Deadline for manuscript submissions

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## About the Journal

### Message from the Editor-in-Chief

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