

Special Issue

Advances in the Diagnosis and Management of Bone Diseases in 2025

Message from the Guest Editor

Osteoporosis is defined as a skeletal disorder characterized by compromised bone strength, which predisposes individuals to an increased risk of fractures. Annually, fractures related to osteoporosis affect approximately 1.4 million people. While osteoporosis is more prevalent after menopause, various factors contribute to bone loss and an increased fracture risk in both premenopausal women and men. Specifically, diseases that alter bone metabolism can lead to changes in bone structure, as well as alterations in muscle strength, which reduce stabilization. Modern therapies for osteoporosis, based on well-designed studies, include anabolic treatments followed by antiresorptive therapies, which have been shown to effectively reduce fracture risk. Our understanding of the diagnosis and treatment of osteoporosis has advanced significantly, paralleling improvements in technology for assessing fracture risk and the availability of current therapies. This Special Issue will not be comprehensive but aims to provide insights into the diagnostic and therapeutic scope of osteoporosis.

Guest Editor

Prof. Dr. Hans-Christof Schober

OrthoCoast, Practice for Orthopedics and Osteology, Hufelandstraße 1,
17438 Wolgast, Germany

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Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
diagnostics@mdpi.com

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Department of Clinical Physiology, Nuclear Medicine & PET National
University Hospital, Rigshospitalet, University of Copenhagen,
Blegdamsvej 9, DK-2100 Copenhagen, Denmark

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