Special Issue

Mood Disorders: Diagnosis and Management

Message from the Guest Editor

The extended COVID-19 pandemic has triggered a global health crisis and collective trauma. Mental health impacts are widespread, affecting women, children, adolescents, healthcare workers, and those who lost loved ones. Major depressive disorder rates have risen to 17%. To treat mood disorders, we employ pharmacological and psychological interventions, with cognitive-behavioral therapy and mindfulness-based therapies showing promise. Implementing evidencebased treatments is crucial, particularly amid the COVID-19 pandemic, which worsened social isolation, especially among the young. Mood disorders have severe consequences, leading to substance abuse, and even suicide. Personalized interventions are evolving, with research exploring targeted biological treatments. I invite you and your colleagues to contribute to this Special Issue, uniting experts from various fields in mood disorder diagnosis and management. We welcome articles on psychological and biological aspects and innovative diagnostic and therapeutic approaches. We look forward to potentially collaborating with you.

Guest Editor

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You are cordially invited to submit research articles, short communications, comprehensive reviews, case reports or interesting images for consideration and publication in *Diagnostics* (ISSN 2075-4418). *Diagnostics* is published in open access format – research articles, reviews and other contents are released on the Internet immediately after acceptance. The scientific community and the general public have unlimited and free access to the content as soon as it is published. We would be pleased to welcome you as one of our authors.

Editor-in-Chief

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