

Special Issue

Chronic Fatigue Syndrome: Clinical Diagnostics, Management, and Prognosis

Message from the Guest Editors

Chronic Fatigue Syndrome/Myalgic Encephalomyelitis (CFS/ME) is a severe, debilitating disorder that has garnered increasing attention from both the scientific community and the general public, particularly in the aftermath of the COVID-19 pandemic. Despite numerous studies, pathophysiological mechanisms and effective treatment strategies in ME/CFS remain incompletely understood. This is particularly relevant given that approximately three quarters of patients develop symptoms following a "flu-like" illness, and a substantial proportion of affected individuals remain undiagnosed. Consequently, ME/CFS constitutes a broad and dynamic area of research that intersects multiple scientific disciplines, including infectious diseases, immunology, dysautonomia, gut microbiome studies, and mitochondrial disorders. The objective of this Special Issue is to investigate various aspects of the diagnosis, management, and prognosis of ME/CFS, and we encourage contributions from researchers and studies across diverse fields in contemporary medicine.

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