

## Special Issue

# Hypertension: Diagnosis and Management

### Message from the Guest Editor

Hypertension, a pervasive and potent risk factor for cardiovascular diseases, affects a significant proportion of the adult population worldwide. Despite its prevalence, hypertension remains underdiagnosed and poorly managed in many settings, leading to substantial morbidity and mortality. This Special Issue aims to address these challenges by presenting cutting-edge research and comprehensive reviews that enhance our understanding of hypertension and provide innovative strategies for its management. The issue will cover a broad spectrum of topics, including advances in diagnostic tools, insights into the pathophysiology of hypertension, novel therapeutic targets and the effectiveness of current treatment strategies. It will also delve into the role of lifestyle modifications and the importance of patient education and adherence in managing hypertension. By fostering a deeper understanding of these aspects, this issue aspires to bridge the gap between research and clinical practice, ultimately improving patient outcomes in hypertension management.

### Guest Editor

Dr. Luigi Marzano

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### Deadline for manuscript submissions

31 July 2025



## Diagnostics

an Open Access Journal  
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Impact Factor 3.3  
CiteScore 5.9  
Indexed in PubMed



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### Message from the Editor-in-Chief

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