

Special Issue

Nutrition, Lifestyles, and Metabolomics in Diabetes

Message from the Guest Editor

Diet and lifestyle undisputedly play a major role in its prevention. While there is a substantial body of evidence supporting the beneficial relationship between healthy diet or lifestyle and diabetes prevention, the underlying mechanisms remain unclear in most cases. The integration of metabolomics into nutritional and lifestyle studies may provide valuable information on the biochemical pathways underlying the relationship between diet, lifestyle, and diabetes prevention. The use of metabolomics also has great discovery potential with regard to dietary and lifestyle prevention of diabetes complications such as cardiovascular diseases. We are therefore pleased to invite you to submit your article to the Special Issue "Nutrition, Lifestyles, and Metabolomics in Diabetes" in *Diabetology*. This Special Issue aims to publish latest findings to advance our understanding on the interplay between diet, lifestyle, metabolomics, and type 2 diabetes prevention and management. Articles that integrate metabolomics into large cohort studies or clinical trials are particularly welcome.

Guest Editor

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